

ONLINE SAFETY




Limit information shared online

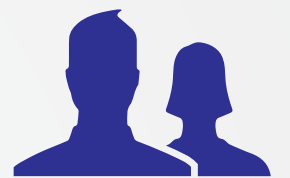


Information once shared online stays there forever


Do not share photographs that you are not comfortable being shared in public



Do not turn to social media when feeling depressed. Details of other people's exciting lives may bring you down further



Do not accept friends request from strangers (if you have accepted, never meet up with them)



Do not share personal information while gaming even if they offer you free games



Nobody can take your picture or upload it without your permission



INTERNET IS GOOD

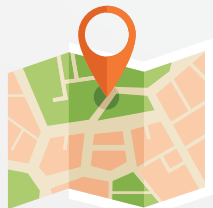

Make your password really strong



Block unwanted people, calls and messages



Keep watch if children seem dependant on their online activities or seem moody



Smartphones have GPS locations attached to them so be careful when you share photographs



Block out sexually suggestive messages or chats from unwanted people



Do not delete or deactivate accounts or text. Backup information for proof

NO

Do not give in to threats, they will keep getting worse. Say no and reach out to someone who can help

**REACH OUT WHEN IN TROUBLE
Bodhini : 889132005**

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Email: bodhini2014@gmail.com,
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B O D H I N I

Freedom From Fear