AARAMBH DOWNLOADABLES

List of warning signs to look out for when you suspect a case of sexual abuse

Note: This is not an exhaustive list. Presence of one or more signs might be indicative of sexual abuse.

- ✓ Loneliness and withdrawn behavior
- ✓ Short attention span and failure to concentrate
- ✓ Drop in school performance and grades
- ✓ Depression anxiety and sudden mood swings
- ✓ Avoidance of a particular person /place /situation
- ✓ Cringing from being touched
- ✓ Emotional outbursts
- ✓ Abusive aggressive behavior
- ✓ Bed wetting / Thumb sucking / Nail biting
- ✓ Disturbed sleep / Change in sleep pattern
- ✓ Sudden use of sexual words and sexualized behavior
- ✓ Irritation in throat, anal area, genitalia
- ✓ Temper tantrums, hysterical behavior
- ✓ Self harm and sexual harm to other children
- ✓ Masturbation
- ✓ Promiscuity
- ✓ Repeated Urinary Tract Infection and Sexually Transmitted Diseases
- ✓ Pregnancy
- ✓ Suicidal behavior
- ✓ Shoddy appearance and poor general hygiene.
- ✓ Marks of violence



